



# NAYA NATURE

Connecting children with their (own) nature

GARDENING throughout the year!

## MINI-BUFFALO PROGRAMME – 2-4 Y/O

1 child + 1 parent

### Nature Mediator:



# MONICA

“I want children to discover how much joy and energy you get just from putting your hands in soil.”

Wake Up Nature Celebration  
Apr. 13th

### Expert session (once every 4 sessions):



*Dream rocks!*  
A signed trip through seasons,  
Judith DUIJN (Wed.),  
Sign teacher at Gebarenstem



*Dream rocks!*  
Once upon a TIME IN NATURE,  
Natacha BONNET (Sat.), Actress and school teacher

And also from Spring: *At Peace and My Root Corner Expert sessions!*

### Themes / projects

**1**  
WIDLIFE EXPLORER

- Explore your naturehood and start to understand the relationship between fauna and flora
- **Your first ornithological identification sheet**

**2**  
GEARING UP FOR WINTER

- How animals get ready for the winter?
- Give them a hand!
- **Your first eco-squad mission!**

**3**  
ARE YOU COLD?

- Get the thermometer up!
- Make your place among the animal homes and move your body!

**4**  
WHEN NATURE STRETCHES ITSELF

- Will you find clues to nature's awakening? Enquire!
- **Session In my Garden!**
- **Herbarium story book**

**5**  
SENSATION EXPLOSION

- Do you feel these vibrations? Celebrate and feel the spring in all your being!
- **Multi-sensory art work**

**6**  
TINY WORLD

- Put your magnifying glass on a hectic world
- Discover the true story of a ladybird and an ant!
- **Session In my garden**

**ENROLL HERE**



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## MINI-BUFFALO PROGRAMME – 2-4 Y/O

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1 parent

This programme is designed for curious creatures who have an endless love of exploring! Among other nature activities, we will **pause to listen** to birds chirping, walk along **flowers and bushes and name, them, create nature perfumes**, use our owl eyes to **catch tiny living wonders**, play touch & feel and **develop self-care habits**. Parents will learn how to develop a systematic let-go attitude to foster their child's self-confidence. This programme aims to deepen the connection between parent & child and between child & nature.

*All sessions are led in English by our Nature Mediators. Once a month, experts will lead the session, as scheduled in the enrichment programme.*

### Educational Objectives: focus for 2-4 Y/O

BODY exploration & control	EMOTIONS empathy & collaboration	MIND AND CREATIVITY	NATURE our place in nature	PARENT
<ul style="list-style-type: none"> <li>Explore body abilities, control movements, handle natural objects</li> </ul>	<ul style="list-style-type: none"> <li>Feel and recognise basic emotions</li> <li>Name them and play with them</li> </ul>	<ul style="list-style-type: none"> <li>Develop language &amp; memorisation,</li> <li>Start to use imagination with a purpose.</li> </ul>	<ul style="list-style-type: none"> <li>Observe and feel at home in nature, discover living and non-living things.</li> </ul>	<ul style="list-style-type: none"> <li>Let go when child leads and takes risks, observe and understand reactions, be amazed by nature.</li> </ul>

### Areas of Learning

