



Thursday, 10.30 am – 11.50 am, Beatrixpark

YOUR CONNECTION-COACHES



JUDITH
 Kids Coach & Sign teacher

CLAIRE (punctually)
 Education Counsellor &
 Nature Mediator



This programme is designed for toddlers who have **an endless love for exploring and their parents**. Mornings are a good moment for first steps in nature. Supported by Judith, our **Kid's Coach**, parent and child will **cultivate their sense of wonder** during short explorations in nature, lead **at their own rhythm**. We will freeze to listen to birds chirping, walk along flowers and bushes we'll name, use our owl eyes to **catch tiny living wonders and** enjoy playful immersive moments in nature.



Coaching

Coaching parents to help them **reflect on their relationship** with their child and their role as a parent.

Counselling on positive and gentle education and connecting communication.

We use **Active Listening**

We promote a **positive and gentle education**

We use **connecting** and meaningful communication, especially by introducing **sign language**.

Methods

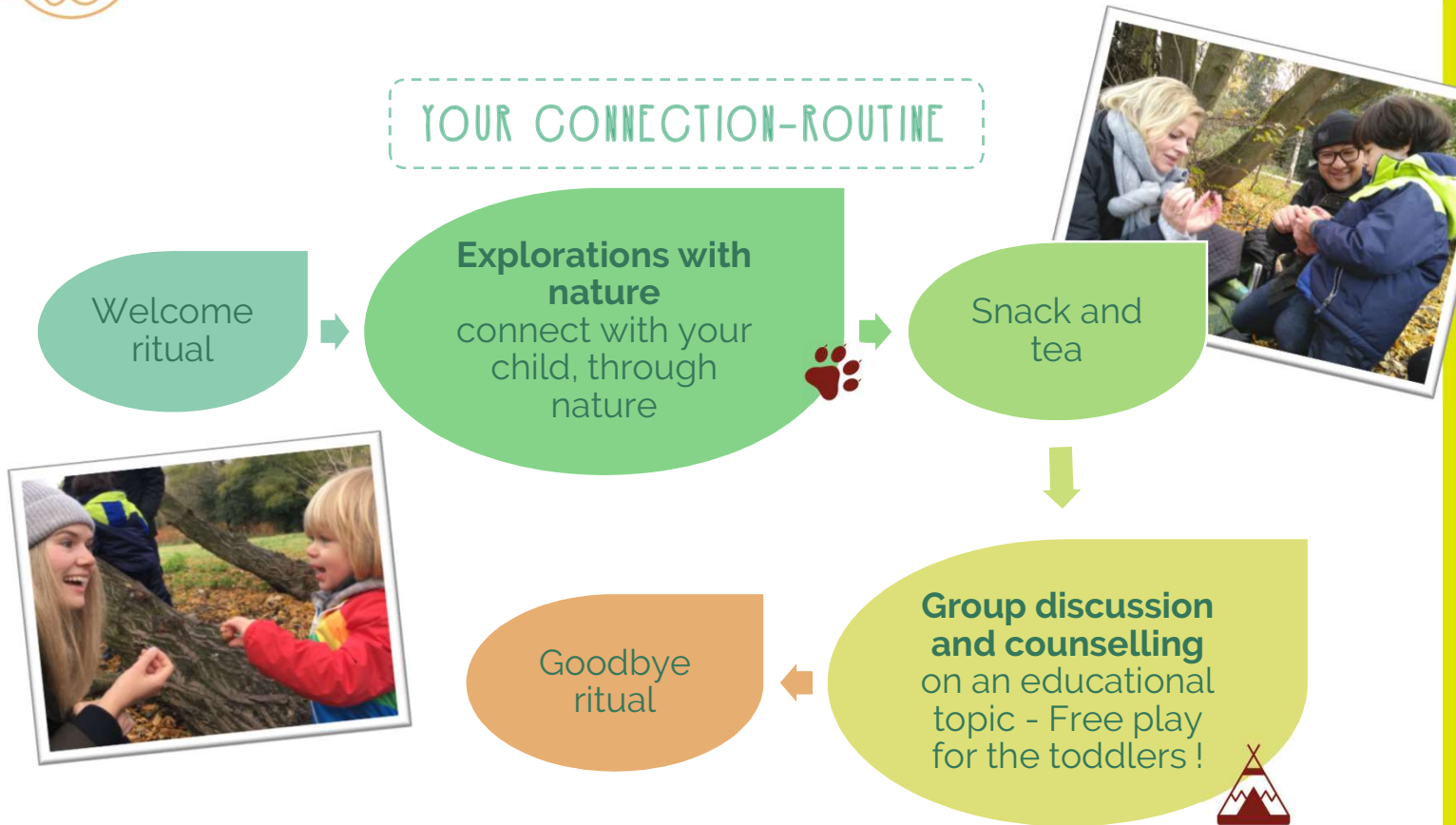



ENROLL HERE



This programme aims to deepen the connection between parent & child and between child & nature

YOUR CONNECTION-ROUTINE



 After the tea break, Judith will animate group discussions to help parents reflect on their relationship with their child while the little ones play. She will provide counselling for a **positive and gentle education**. Expert in **active listening**, she will support parents into establishing a **meaningful communication** with their child, especially through **sign languages** during the rituals. Visual communication helps parents and their child establishing a deep and meaningful communication.

We will discuss off course, but our discussions will be filled with hugs, imaginative co-stories, emotion games and much more !

